

Victoria Carlton's EQ4Parents

(An Emotional Intelligence workshop for Parents)

PROVEN TECHNIQUES FOR IMPROVING FAMILY HARMONY

Created in response to feedback from our popular EQ4KIDZ course, EQ4Parent introduces parents to the same hands-on strategies taught to kids in EQ4KIDZ.

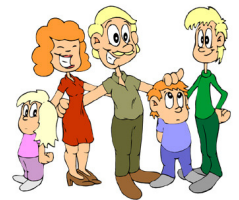
Learning and applying these strategies at home can improve harmony and promote optimistic attitudes in ALL families while raising the self-esteem of family members



- ❖ Do you ever feel as if your kids come from a different planet?
- ❖ Would you like your family to be closer and really understand each other?
- ❖ Would you like to create an EMOTIONALLY INTELLIGENT home that nurtures potential, respect, and love?
- ❖ YES, you can, no matter what your current family situation, by applying simple techniques taught at this workshop

EMOTIONAL INTELLIGENCE (EQ) is the key to healthy self-esteem, motivation and the ability to set and follow through on goals.

EQ is far more important than IQ in terms of predicting successful school results and future mental health.



This is an intensive half day course open to families who would like to-

- ✓ Improve the general level of family harmony and cooperation.
- ✓ Improve self-confidence, resilience and emotional intelligence of all family members.
- ✓ Help all family members to understand each other and respect, nurture and deeply love each other.
- ✓ Help parents to understand their children and be able to coach them to reach their highest potential.
- ✓ Learn practical strategies to defuse "trigger" situations and ensure the safe expression of anger and frustration.

Children will be led through the important components of EQ4KIDZ and parents will be taken through EQ4PARENT so they can ensure a high EQ environment takes place in their homes.

Take advantage of this unique opportunity where Victoria will help your families improve communication, emotional intelligence and general levels of happiness!

Venue & Schedule

Harmony Seminar Room @ September 21's - No. 13 Toa Payoh Lorong 8, #04-05 Braddell Tech
Sunday, 18th September 2011: (1.30 - 4.30pm)

Early Bird Course Fee

Early bird Investment for registration & payment by 31st August 2011. Add \$50.00 from 1st September 2011.

FOS member: \$148.00 per couple

Non-member: \$178.00 per couple

[See the registration form for our special family package prices](#)

For further information and booking, please call Chew Yeh @ 62560226

This course is available for licensing and is a module from Victoria Carlton's Mastery Practitioner Course

Strategies from this course were featured on the popular Australian-wide television programme:
TODAY TONIGHT

